

# HEALTH HISTORY

DATE \_\_\_\_\_  
 LAST NAME \_\_\_\_\_  
 FIRST NAME \_\_\_\_\_  
 DATE OF BIRTH \_\_\_\_\_  
 AGE \_\_\_\_\_

Do you have an advance directive (AD) ? \_\_\_\_\_  
 Do you have a Health Care Power of attorney (HCPA)? \_\_\_\_\_  
 Would you like information regarding AD or HCPA? \_\_\_\_\_

YES \_\_\_\_\_ NO \_\_\_\_\_  
 YES \_\_\_\_\_ NO \_\_\_\_\_  
 YES \_\_\_\_\_ NO \_\_\_\_\_

Please check the items which pertain to your present or past medical conditions.

<b>PRESENT SYMPTOM</b>  HOW LONG?	<b>IMMUNIZATIONS</b> PNEUMOCOCCAL VACCINE _____ FLU SHOT _____ TETANUS _____ CHILDHOOD _____	<b>REVIEW OF SYSTEMS</b>		
	<b>(FEMALE PATIENTS ONLY)</b> <b>GYNECOLOGIC HISTORY</b> <b>G P A L</b> NORMAL PAP _____ NORMAL DELIVERIES _____ SELF BREAST EXAM _____ NORMAL MAMMOGRAM _____ C-SECTIONS _____ PHYSICAL _____	<b>GENERAL:</b> WEIGHT CHANGES _____ GAIN / LOSS _____ HEIGHT _____ FATIGUE _____ WEAKNESS _____ CHANGE IN APPETITE _____ FEVERS / CHILL _____ NIGHT SWEAT _____	<b>RESPIRATORY</b> CHEST PAIN _____ SNEEZING _____ SHORT OF BREATH _____ COUGH _____ SPUTUM COLOR CHANGE _____ COUGHING BLOOD _____ PNEUMONIA _____ INFLUENZA _____ POSITIVE TB TEST _____ VALLEY FEVER _____	<b>GENITOURINARY</b> FREQUENT URINATION _____ SMALL VOLUME OF URINE _____ HESITANCY _____ PAIN ON URINATION _____ BLOOD IN URINE _____ ODOR IN URINE _____ WAKE UP FREQUENTLY _____ INCONTINENT OF URINE _____ VENEREAL DISEASE _____ DISCHARGE _____ STERILITY _____ IMPOTENCE _____ CHANGE IN STREAM _____ CAN'T START STREAM _____ CAN'T STOP STREAM _____
<b>PAST MEDICAL HISTORY:</b>  CURRENT MEDS _____	<b>FAMILY ILLNESSES</b>  HIGH BLOOD PRESSURE _____ DIABETES _____ CARDIAC DISEASE _____ HEART ATTACK _____ PEPTIC ULCER _____ ASTHMA _____ EMPHYSEMA _____ THYROID DISEASE _____ KIDNEY DISEASE _____ BLEEDING DISORDER _____ CANCER _____ TUBERCULOSIS _____ HEPATITIS _____ OSTEOPOROSIS _____	<b>SKIN</b> RASH _____ ITCHINESS _____ DRYNESS _____ SKIN CANCER _____ OTHER LESIONS _____	<b>CARDIOVASCULAR</b> CHEST PAIN _____ CHEST PRESSURE _____ SHORT OF BREATH _____ CAN'T SLEEP FLAT _____ MURMURS _____ CLAUDICATION _____ CONGESTIVE HEART FAILURE _____ NIGHT TIME COUGH _____	<b>ENDOCRINE</b> DIABETES _____ LOW THYROID _____ HIGH THYROID _____ FATIGUE _____ WEAKNESS _____ HORMONE THERAPY _____ CHANGE IN SKIN _____
<b>DRUG ALLERGIES</b>  Latex Allergies _____ Seasonal Allergies _____	<b>(FEMALES ONLY)</b> UTERUS _____ OVARIES _____ TUBAL LIGATION _____ OTHER _____	<b>HEAD</b> TRAUMA _____ HEADACHE _____ MIGRAINES _____ DIZZINESS _____ FAINTING SPELLS _____	<b>GASTROINTESTINAL</b> CAN'T SWALLOW FOOD _____ HEARTBURN _____ NAUSEA _____ VOMITING _____ VOMITING BLOOD _____ INDIGESTION _____ ABDOMINAL PAIN _____ DIARRHEA _____ CONSTIPATION _____ VERY DARK STOOLS _____ BLOOD IN STOOLS _____ HEMORRHOIDS _____ CHANGE IN STOOL _____ JAUNDICE _____ FOOD INTOLERANT _____ SIGMOIDOSCOPY _____ COLONOSCOPY _____	<b>MUSCULOSKELETAL</b> JOINT PAIN _____ ARTHRITIS _____ TRAUMA _____ JOINT SWELLING _____ REDNESS _____ JOINT TENDERNESS _____ LIMITED RANGE OF MOTION _____ BACK PAIN _____ NECK PAIN _____ GOUT _____ SPORTS INJURY _____
<b>SURGERIES</b> GALL BLADDER _____ APPENDIX _____ CATARACTS _____ OTHER _____	<b>(MALES ONLY)</b> PROSTATE _____ VASECTOMY _____ OTHER _____	<b>EYES</b> NORMAL VISION _____ BLINDNESS _____ GLASSES _____ NEW PRESCRIPTION _____ PHOTOPHOBIA _____ BLURRING _____ DOUBLE VISION _____ SPOTS _____ REDNESS _____ DISCHARGE _____ DRY EYES _____ EXCESSIVE TEARING _____ CATARACTS _____ GLAUCOMA _____	<b>GYNECOLOGIC</b> (FEMALE ONLY) PERIOD STARTED AT AGE _____ LAST MENSTRUAL PERIOD _____  CRAMPING _____ SPOTTING _____ MENOPAUSE _____ CONTRACEPTION _____ ABNORMAL FLOW _____	<b>PERIPHERAL VASCULAR</b> VARICOSE VEINS _____ INTERMITTENT CLAUDICATION _____ THROMBOPHLEBITIS _____ BLOOD CLOTS _____
<b>HOSPITALIZATIONS</b> _____	<b>SOCIAL HISTORY</b> MARITAL STATUS _____ CHILDREN _____ AGES _____	<b>EARS</b> HEARING CHANGES _____ RINGING IN EARS _____ PAIN _____ DISCHARGE _____ VERTIGO _____ EAR INFECTIONS _____	<b>SEXUAL HISTORY</b> VENEREAL DISEASE _____ MULTIPLE PARTNERS _____ NUMBER PARTNERS _____ CONTRACEPTION _____	<b>HEMATOLOGY</b> ANEMIA _____ BLEEDING _____ EASY BRUISING _____ ENLARGED LYMPH NODES _____
<b>BLOOD TRANSFUSION</b> _____	<b>OCCUPATION</b> PRESENT _____  PAST _____	<b>NOSE</b> SINUS PROBLEMS _____ NOSE BLEEDS _____ OBSTRUCTION _____ POLYPS _____ SENSE OF SMELL _____	<b>ONCOLOGY</b> CANCER _____ SKIN CANCER _____ COLON CANCER _____ LUNG CANCER _____ BREAST CANCER _____ THYROID CANCER _____ STOMACH CANCER _____	<b>NEUROPSYCHIATRIC</b> FAINTED _____ SEIZURES _____ WEAKNESS _____ ABNORMAL COORDINATION _____ ABNORMAL SENSATIONS _____ POOR MEMORY _____ DEPRESSED MOOD _____ POOR SLEEP PATTERN _____ EMOTIONAL DISTURBANCES _____
<b>TRAUMA / ACCIDENTS</b> _____	<b>RECENT TRAVEL</b> _____	<b>THROAT</b> BLEEDING GUMS _____ DENTAL CAVITIES _____ LESIONS ON TONGUE _____ GUMS _____ DENTURES _____		
<b>PAST MEDICAL PROBLEMS</b> HIGH BLOOD PRESSURE _____ DIABETES _____ CARDIAC DISEASE _____ HEART ATTACK _____ PEPTIC ULCER _____ ASTHMA _____ EMPHYSEMA _____ THYROID DISEASE _____ KIDNEY DISEASE _____ BLEEDING DISORDER _____ CANCER _____ TUBERCULOSIS _____ HEPATITIS _____ OSTEOPOROSIS _____	<b>EDUCATION</b> EXPOSURE TO AGENTS _____			
<b>PAST PSYCH HISTORY</b> DEPRESSION _____ HOSPITALIZATIONS _____ ALCOHOL DEPENDENCE _____	<b>HABITS</b> SMOKER _____ ALCOHOL _____ CAFFEINE _____ EXERCISE _____ DRUGS _____			
	<b>SAFETY</b> Do you use sunscreen? _____ Do you own firearms? _____ Do you use seatbelts? _____			